## San-Mateo Foster City Elementary SD

(F020100) Bagel	Total Carbohydrate (g)	
	Recipe	Each
Bagel	44.5999	44.5999
	44.5999	44.5999

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0002) Bagel and Cream Cheese	Total Carbohydrate (g)	
	Recipe	Serving
Cream Cheese	2	2
Bagel	44.5999	44.5999
	46.6	46.6

<sup>\*</sup> Total includes one or more missing nutrient data.

(F21800) Banana Bread	Total Carbohydrate (g)	
(F21000) Ballalla Bleau	Recipe	Each
Bread Banana IW Integrated	50.51	50.51
	50.51	50.51

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC00016) BBQ Chicken Drumstick with French Fries	Total Carbohydrate (g)	
Drumstick with French Fries	Recipe	Serving
Potato, Fries Crinkle	16.8029	16.8029
Chicken, Glazed Drumsticks	8	8
	24.803	24.803

<sup>\*</sup> Total includes one or more missing nutrient data.

(F081501) Beef Hotdog on a WW Bun IW	Total Carbohydrate (g)	
WW Bun IW	Recipe	Each
Beef Hotdog on a WW Bun IW	41	41
	41	41

f \* Total includes one or more missing nutrient data.



(REC0007 1) Beef Rotini Pasta with Garlic Toast	Total Carbohydrate (g)	
Pasta with Garlic Toast	Recipe	Serving
Pasta, WG Beef Rotini with Sauce	24.12	24.12
Toast Texas - Garlic Bread - Bulk	14	14
	38.12	38.12

<sup>\*</sup> Total includes one or more missing nutrient data.

(F2500) Benefit Bar - Banana Chocolate Chunk	Total Carbohydrate (g)	
Chocolate Chunk	Recipe	Bar
Benefit Bar - Banana Chocolate Chunk	48	48
	48	48

f \* Total includes one or more missing nutrient data.

(F2501) Benefit Bar - Oatmeal Chocolate Chunk	Total Carbohydrate (g)	
Oatmeal Chocolate Chunk	Recipe	Bar
Benefit Bar - Oatmeal Chocolate Chunk	47	47
	47	47

f \* Total includes one or more missing nutrient data.

(F3800) Bread Cheese Stick	Total Carbohydrate (g)		
- Bosco	Recipe	1 Elem Serving = 2 pc	1 MS Serving = 3pc
Bread Cheese Stick - Bosco	17	17.12	25.68
	17	17.12	25.68

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC00017) Breaded Chicken Drumstick with	Total Carbohydrate (g)	
Garlic Bread	Recipe	Serving
Toast Texas - Garlic Bread - Bulk	14	14
Chicken, Breaded Drumsticks	18.4574	18.4574
	32.4574	32.4574

<sup>\*</sup> Total includes one or more missing nutrient data.

(E02400E) Brookfoot Burn	Total Carbohydrate (g)	
(F021805) Breakfast Bun	Recipe	Each
Breakfast Bun	38	38
	38	38

f \* Total includes one or more missing nutrient data.

(F22101) Burrito - Bean & Cheese Los Cabos IW	Total Carbohydrate	(g)
Cheese Los Cabos IW	Recipe	Each
Burrito - Bean & Cheese Los Cabos IW	44.17	44.17
	44.17	44.17

<sup>\*</sup> Total includes one or more missing nutrient data.

(F22103) Burrito - Egg and Cheese Wrap	Total Carbohydrate	(g)
Cheese Wrap	Recipe	Each
Burrito - Egg and Cheese Wrap	16.68	16.68
	16.68	16.68

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0021) California Wrap	Total Carbo	hydrate (g)
(RECOUZI) Camornia Wrap	Recipe	Serving
Dressing, Ranch Buttermilk Bulk	0 *	0 *
Tomatos, Roma	0 *	0 *
Tortilla, Spinach (50ct)	58 *	58 *
Turkey Bacon	0.2 *	0.2 *
Chicken , diced	0 *	0 *
Red Onion	0.2648 *	0.2648 *
Lettuce, Romaine	0 *	0 *
	58.4647 *	58.4647 *

<sup>\*</sup> Total includes one or more missing nutrient data.

(R3100) Carrot, Baby IW 2.6oz	Total Carbohydrate (g)	
2.6oz	Recipe Bag 2.6oz	
Carrot, Baby IW 2.6oz	0.2142	6.0736
	0.2142	6.0736

<sup>\*</sup> Total includes one or more missing nutrient data.

(D3504) Cereal Cinnamon Toasters LG	Total Carbohydrate (g)	
	Recipe	Each
Cereal Cinnamon Toasters LG	44	44
	44	44

<sup>\*</sup> Total includes one or more missing nutrient data.

(D3501) Cereal Honey Scooters LG	Total Carbohydrate	(g)
	Recipe	Each
Cereal Honey Scooters LG	46	46
	46	46

<sup>\*</sup> Total includes one or more missing nutrient data.

(D3502) Cereal Marshmallow	Total Carbohydrate (g)	
(D3502) Cereal Marshmallow Mateys LG	Recipe	Each
Cereal Marshmallow Mateys LG	47	47
	47	47

<sup>\*</sup> Total includes one or more missing nutrient data.

(R3001) Cheese Mozzarella	Total Carbohydrate (g)	
(R3001) Cheese Mozzarella String	Recipe	Stick
Cheese Mozzarella String	0	0
	0	0

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0003) Cheese Ravioli	Total Carbohydrate (g)	
with Garlic Toast	Recipe	Serving
Marinara Sauce Enhanced Bulk	16.3293	16.3293
Pasta, Ravioli, Cheese	35.1098	35.1098
Toast Texas - Garlic Bread - Bulk	14	14
	65.4391	65.4391

f \* Total includes one or more missing nutrient data.



(REC0009 1) Cheese Tamale with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Tamale Cheese in Green Sauce	34.8	34.8
	88.7999	88.7999

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0008) Chicken Alfredo Pasta	Total Carbohydrate (g)	
	Recipe	Serving
Chicken, diced	0	0
Alfredo Sauce	4.7869	4.7869
Penne Dry Pasta	41	41
	45.7868	45.7868

f \* Total includes one or more missing nutrient data.

(F191004 1) Chicken and Cheese Pita Sandwich IW	,	Total Carbohydrate (g)	
Cheese Pita Sandwich IW	Recipe	Sandwich	
Chicken and Cheese Pita Sandwich IW	31	31	
	31	31	

f \* Total includes one or more missing nutrient data.

(REC0015) Chicken Burger with Fries	Total Carbohydrate (g)	
	Recipe	Serving
Bun Hamburger WG - 144ct	41.8035	41.8035
Chicken Patty - Breaded	12	12
Potato, Fries Crinkle	16.8029	16.8029
	70.6064	70.6064

f \* Total includes one or more missing nutrient data.

(REC0020) Chicken Caesar Salad with Chips	Total Carbohydrate (g)	
Salad with Chips	Recipe	Serving
Cheese Shredded Parmesan	0 *	0 *
Chips Tortilla Rounds	30 *	30 *
Dressing, Caesar - Royal Dressing IW	2*	2*

 $<sup>\ ^{</sup>f *}$  Total includes one or more missing nutrient data.



(REC0020) Chicken Caesar Salad with Chips	Total Carbohydrate (g)	
Salad with Chips	Recipe	Serving
Chicken , diced	0 *	0 *
Lettuce, Romaine	0 *	0 *
	32 *	32 *

f \* Total includes one or more missing nutrient data.

(E024E04) Chicken Corn Don	Total Carbohydrate	(g)
(F031501) Chicken Corn Dog	Recipe	Each
Chicken Corn Dog	30	30
	30	30

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0013) Chicken Nuggets	Total Carbohydrate (g)	
with FF and Crackers	Recipe	Serving
Chicken Nuggets Breaded	0*	0 *
Cracker Cheez-it	14.1748 <b>*</b>	14.1748 <b>*</b>
Potato, Fries Crinkle	16.8029 <b>*</b>	16.8029 <b>*</b>
	30.9777 *	30.9777 *

<sup>\*</sup> Total includes one or more missing nutrient data.

(F3150) Concha	Total Carbohydrate (g)	
(1 3 130) Concila	Recipe	Each
Concha	34	34
	34	34

<sup>\*</sup> Total includes one or more missing nutrient data.

(F031821) Crumb Square WG	Total Carbohydrate (g)	
WG	Recipe	Each
Crumb Square WG	47	47
	47	47

f \* Total includes one or more missing nutrient data.



(REC0024) Egg, Cheese,	Total Carbo	hydrate (g)
Tater Tot Breakfast Burrito	Recipe	Serving
Cheese Cheddar Shredded	0.2835 *	0.2835 *
Egg Patty 3.5" Bulk	1 *	1*
Potato, Tater Tots RS	15.68 *	15.68 <b>*</b>
Salsa Bulk	0 *	0 *
Tortilla, Whole Wheat Flour 10"	35 *	35 <b>*</b>
	51.9635 *	51.9635 *

<sup>\*</sup> Total includes one or more missing nutrient data.

(Copy of REC0005) French	Total Carbohydrate (g)	
Toast, Tater Tots & Turkey Sausages	Recipe	Serving
French Toast Sticks Bulk (3pc svg)	40	40
Potato, Tater Tots RS	15.68	15.68
Sausage Turkey Link	0	0
	55.6799	55.6799

f \* Total includes one or more missing nutrient data.

(R3002) Fruit (1/2 cup)	Total Carbohydrate (g)	
(K3002) Fluit (1/2 cup)	Recipe Serving - 1/2 cup	
Fruit (1/2 cup)	7.5955	7.5955
	7.5955	7.5955

<sup>\*</sup> Total includes one or more missing nutrient data.

(F061824) Fruit, Frozen Diced Peach Cups - 96ct	Total Carbohydrate (g)	
Diced Peach Cups - 96ct	Recipe	Cup
Fruit, Frozen Diced Peach Cups - 96ct	21	19.0509
	21	19.0509

f \* Total includes one or more missing nutrient data.

(F061821) Fruit, Frozen Mixed Berry - 96ct	Total Carl	oohydrate (g)
Mixed Berry - 96ct	Recipe	Cup
Fruit, Frozen Mixed Berry - 96ct	20	20.0704
	20	20.0704

<sup>\*</sup> Total includes one or more missing nutrient data.

(F061822) Fruit, Frozen	Total Carbohydrate (g)	
(F061822) Fruit, Frozen Peach - 96ct	Recipe	Сир
Fruit, Frozen Peach - 96ct	21	19.0509
	21	19.0509

<sup>\*</sup> Total includes one or more missing nutrient data.

(F061823) Fruit, Frozen Strawberry Cups - 96ct	Total Carbohydrate (g)	
Strawberry Cups - 96ct	Recipe	Cup
Fruit, Frozen Strawberry Cups - 96ct	21	19.0509
	21	19.0509

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0001) GoGurt & Crackers	Total Carbohydrate (g)	
Crackers	Recipe	Serving
Yogurt Go-Gurt	0 *	0 *
Cracker Vanilla Bear	20 *	20 *
	20 *	20 *

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0012) Hamburger with	Total Carbohydrate (g)	
Fries	Recipe Serving	
Bun Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle	16.8029	16.8029
Beef Patty USDA	0.8733	0.8733
	59.4797	59.4797

<sup>\*</sup> Total includes one or more missing nutrient data.

(R8000) Hamburger, Cheese Sliders IW	Total Carbohydrate (g)		
Sliders IW	Recipe	Each	
Hamburger, Cheese Sliders IW	31.3	31.3	
	31.3	31.3	

f \* Total includes one or more missing nutrient data.

(F1210) Juice, Frozen Orange Carton - 70ct	Total Carbohydrate (g)	
Orange Carton - 70ct	Recipe	Carton
Juice, Frozen Orange Carton - 70ct	11.136	12.628
	11.136	12.628

<sup>\*</sup> Total includes one or more missing nutrient data.

(D1002) Juice, Vegetable, Paradise Punch 4.23 Oz -	Total Carbohydrate (g)	
40ct	Recipe	Carton
Juice, Vegetable, Paradise Punch 4.23 Oz - 40ct	14	14
	14	14

<sup>\*</sup> Total includes one or more missing nutrient data.

(D4200) Marinara IW	Total Carbohydrate (g)	
(D1300) Marinara IW	Recipe	Each
Marinara IW	7	7
	7	7

<sup>\*</sup> Total includes one or more missing nutrient data.

(R13900) Milk 1%	Total Carbohydrate (g)	
(1713300) WIIIK 170	Recipe Carton	
Milk 1%	16	16
	16	16

<sup>\*</sup> Total includes one or more missing nutrient data.

(R13901) Milk Chocolate FF	Total Carbohydrate (g)	
(K13901) Wilk Chocolate FF	Recipe Carton	
Milk Chocolate FF	20.9999	20.9999
	20.9999	20.9999

<sup>\*</sup> Total includes one or more missing nutrient data.

(F132101) Muffin, Blueberry 3oz - Elsa	Total Carbohydrate (g)	
3oz - Elsa	Recipe	Each
Muffin, Blueberry 3oz - Elsa	38	38
	38	38

<sup>\*</sup> Total includes one or more missing nutrient data.



(F16100) Pancakes, Confetti	Total Carbohydrate (g)	
iw	Recipe	Bag
Pancakes, Confetti IW	36	36
	36	36

f \* Total includes one or more missing nutrient data.

(F16102) Pasta, WG Beef	Total Carbohydrate (g)		
Rotini with Sauce	Recipe	Serving - Elem 7.44oz	Serving - MS 8oz
Pasta, WG Beef Rotini with Sauce	24.12	24.12	25.9355
	24.12	24.12	25.9355

f \* Total includes one or more missing nutrient data.

(F16900) Pizza 16" Cheese Big Daddy	Total Carbohydrate (g)	
	Recipe	Slice
Pizza 16" Cheese Big Daddy	35	37.2258
	35	37.2258

<sup>\*</sup> Total includes one or more missing nutrient data.

(F16901) Pizza 16" Pork	Total Carbohydrate (g)	
(F16901) Pizza 16" Pork Pepperoni Big Daddy	Recipe	Slice
Pizza 16" Pork Pepperoni Big Daddy	42	42
	42	42

<sup>\*</sup> Total includes one or more missing nutrient data.

(F16902) Pizza Galaxy Cheese IW	Total Carbohydrate	(g)
Cheese IW	Recipe	Each
Pizza Galaxy Cheese IW	26	26
	26	26

<sup>\*</sup> Total includes one or more missing nutrient data.

(F160904) Pizza Sandwich Beef Pepperoni IW	Total Carbohydrate (g)
Beef Pepperoni IW	Recipe
Pizza Sandwich Beef Pepperoni IW	31
	31

f \* Total includes one or more missing nutrient data.

(F191005) Pizza Sandwich	Total Carbohydrate	(g)
(F191005) Pizza Sandwich Turkey Beef Pepperoni IW	Recipe	Each
Pizza Sandwich Turkey Beef Pepperoni IW	31	31
	31	31

<sup>\*</sup> Total includes one or more missing nutrient data.

(D400400) Deieine	Total Carbohydrate	(g)
(D180100) Raisins	Recipe	Each
Raisins	29	29
	29	29

<sup>\*</sup> Total includes one or more missing nutrient data.

(F22100) Roll, Cinnamon	Total Carbohydrate (g)	
(1 22 100) Koll, Gilliamon	Recipe	Each
Roll, Cinnamon	38	38
	38	38

<sup>\*</sup> Total includes one or more missing nutrient data.

(190101) Salad Bar/ Salad		Total Carbohydrate (g)	
Pack	Recipe	Serving - 1/2 cup	
Salad Mix	1.684 *	1.684 <b>*</b>	
Broccoli, Raw	7.5296 *	7.5296 <b>*</b>	
Carrots, Baby Bulk	0 *	0 *	
Corn, Canned, Drained	20.7405 *	20.7405 *	
Tomatos, Cherry/Grape	1.1028 *	1.1028 <b>*</b>	
Spinach	4.1163 <b>*</b>	4.1163 <b>*</b>	
Beans, Garbanzo	0	0	
	35.1732 <b>*</b>	35.1732 *	

f \* Total includes one or more missing nutrient data.



(D400442) Salaa Cuna IM	Total Carbohydrate (g)	
(D190112) Salsa Cups IW	Recipe	Each
Salsa Cups IW	5	4.1667
	5	4.1667

f \* Total includes one or more missing nutrient data.

(F191000) Sandwich	Total Carbo	hydrate (g)
Breakfast Turkey and Cheese on a Hawaiian Roll	Recipe	Each
Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll	27.2099	27.2099
	27.2099	27.2099

<sup>\*</sup> Total includes one or more missing nutrient data.

(F191002) Sandwich Grilled Cheese	Total Carbohydrate	· (g)
Cheese	Recipe	Each
Sandwich Grilled Cheese	31.58	31.58
	31.58	31.58

<sup>\*</sup> Total includes one or more missing nutrient data.

(F191003) Sandwich Turkey	1	Total Carbohydrate (g)	
(F191003) Sandwich Turkey Cheese Hoagie IW	Recipe	Sandwich	
Sandwich Turkey Cheese Hoagie IW	33	33	
	33	33	

f \* Total includes one or more missing nutrient data.

(F191004) Sandwich WG Soybutter & Grape Jelly -	Total Carbohydrate (g)	
Wowbutter	Recipe	Sandwich
Sandwich WG Soybutter & Grape Jelly - Wowbutter	52.9999	52.9999
	52.9999	52.9999

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0013 1) Spicy Chicken Burger with Fries	Total Carbohydrate (g)	
Burger with Fries	Recipe	Serving
Bun Hamburger WG - 144ct	41.8035	41.8035
Chicken Patty, Hot & Spicy	12	12
Potato, Fries Crinkle	16.8029	16.8029
	70.6064	70.6064

f \* Total includes one or more missing nutrient data.

(REC0022) Spicy Chicken	Total Carbohydrate (g)	
Wrap	Recipe	Serving
Chicken Patty, Hot & Spicy	12 *	12 *
Dressing, Ranch Buttermilk Bulk	0 *	0 *
Tomatos, Roma	0 *	0 *
Tortilla, Whole Wheat Flour 10"	35 *	35 *
Lettuce, Romaine	0 *	0 *
	47 *	47 *

f \* Total includes one or more missing nutrient data.

(F201000) Taco, Beef Stick	Total Carbohydrate	(g)
IW	Recipe	Each
Taco, Beef Stick IW	31.87	31.87
	31.87	31.87

<sup>\*</sup> Total includes one or more missing nutrient data.

(F201001) Taco, Turkey Nada IW	Total Carbohydrate (g)	
	Recipe	Each
Taco, Turkey Nada IW	31.0001	31.0001
	31.0001	31.0001

<sup>\*</sup> Total includes one or more missing nutrient data.

(F200117) Taquito, Beef Bulk - Gluten Free	Total Carbohydrate (g)	
- Gluten Free	Recipe	Each
Taquito, Beef Bulk - Gluten Free	27.7999	28.2924
	27.7999	28.2924

f \* Total includes one or more missing nutrient data.

(REC0014) Teriyaki Chicken w/Veggie Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Chicken , diced	0	0
Sauce, Teriyaki	11.0248	11.0248
	65.0247	65.0247

<sup>\*</sup> Total includes one or more missing nutrient data.

(Copy of REC0015) Teriyaki Veggie Nugget w/Veggie	Total Carbohydrate (g)	
Fried Rice	Recipe	Serving
Rice - WG Vegetable Fried - Minh	53.9999	53.9999
Vegetarian Nuggets, Vegan Soy	13	13
Sauce, Teriyaki	11.0248	11.0248
	78.0247	78.0247

<sup>\*</sup> Total includes one or more missing nutrient data.

(F201500) Toast Texas - Garlic Bread - Bulk	Total Carbohydrate (g)	
Garlic Bread - Bulk	Recipe	Each
Toast Texas - Garlic Bread - Bulk	14	14
	14	14

f \* Total includes one or more missing nutrient data.

(F201501) Toast Texas - Garlic Bread - IW	Total Carbohydrate (g)	
Garlic Bread - IW	Recipe	Each
Toast Texas - Garlic Bread - IW	14	14
	14	14

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0007) Turkey Nachos	Total Carbohydrate (g)	
with Chips	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Chips Tortilla Rounds	30	30
Turkey Taco Filling	12.1903	12.1903

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0007) Turkey Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Beans, Pinto LS	24.0064	24.0064
	66.4801	66.4801

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0024 1) Turkey Taco	Total Carbohydrate (g)	
Salad with Chips	Recipe	Serving
Cheese Cheddar Shredded	0.567 *	0.567 *
Chips Tortilla Rounds	30 *	30 *
Corn, Canned, Drained	10.3702 *	10.3702 *
Salsa Bulk	0 *	0 *
Sour Cream	0 *	0 *
Turkey Taco Filling	5.3155 <b>*</b>	5.3155 <b>*</b>
Beans, Pinto LS	6.0016 <b>*</b>	6.0016 *
Lettuce, Romaine	0 *	0 *
	52.2543 *	52.2543 *

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC0022 1) Turkey Taco, Egg, Cheese, Tater Tot Breakfast Burrito	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Egg Patty 3.5" Bulk	1	1
Potato, Tater Tots RS	15.68	15.68
Tortilla, Whole Wheat Flour 10"	35	35
Turkey Taco Filling	3.5437	3.5437
	55.5071	55.5071

f \* Total includes one or more missing nutrient data.

(REC0011) Veggie Burger	Total Carbohydrate (g)	
with Fries	Recipe	Serving
Bun Hamburger WG - 144ct	41.8035	41.8035
Potato, Fries Crinkle	16.8029	16.8029
Veggie Burger Patty Bulk	6	6
	64.6064	64.6064

<sup>\*</sup> Total includes one or more missing nutrient data.

(REC26) Veggie Nachos with Chips	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Cheddar Shredded	0.2835	0.2835
Beans, Pinto LS	24.0064	24.0064
	24.2899	24.2899

f \* Total includes one or more missing nutrient data.

(REC0010) Veggie Nuggets with FF and Crackers	Total Carl	bohydrate (g)
with FF and Crackers	Recipe	Serving
Cracker Cheez-it	14.1748	14.1748
Potato, Fries Crinkle	16.8029	16.8029
Vegetarian Nuggets, Vegan Soy	13	13
	43.9777	43.9777

f \* Total includes one or more missing nutrient data.

(F23100) Waffle - IW - Vanilla	Total Carbohydrate (g)	
	Recipe	Each
Waffle - IW - Vanilla	38	38
	38	38

<sup>\*</sup> Total includes one or more missing nutrient data.

(F23102) Waffles - IW - Mini Cinnamon	Total Carbohydrate (g)	
Cinnamon	Recipe	Bag
Waffles - IW - Mini Cinnamon	35	35
	35	35

<sup>\*</sup> Total includes one or more missing nutrient data.

(F23101) Waffles - IW - Mini Maple	Total Carbohydrate (g)	
Maple	Recipe	Bag
Waffles - IW - Mini Maple	36	36
	36	36

<sup>\*</sup> Total includes one or more missing nutrient data.



(REC0003 1) Yogurt Parfait w/Granola	Total Carbohydrate (g)	
	Recipe	Serving
Fruit (1/2 cup)	7.5955	7.5955
Granola, Bulk	42.7729	42.7729
Yogurt Vanilla LF- Producers Dairy	0	0
	50.3684	50.3684

 $<sup>\</sup>ensuremath{^{\pmb{\ast}}}$  Total includes one or more missing nutrient data.

(REC0005 1)	Total Carbohydrate (g)	
(REC0005 1) Yogurt/Cheese/Crackers Pack	Recipe	Serving
Cheese Mozzarella String	0	0
Yogurt Vanilla 4oz Danimals NF	28.0987	28.0987
Cracker Vanilla Bear	40	40
	68.0987	68.0987

f \* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Nutrients	(Total Carbohydrate)